



## **Taking Education Outdoors**

*The Academy by the Sea Bridges Nature with Learning*

Contact: Candace Heidenrich  
Phone: 760-547-5210  
Cell: 760-805-5136  
Email: [cheidenrich@armyandnavyacademy.org](mailto:cheidenrich@armyandnavyacademy.org)

Cell phones off. I-Pods silent. A student gazes at a California sunset with only the sound of the sea lapping the shore. This is the connection with nature that students can have while boarding at The Academy by the Sea and Camp Pacific in Carlsbad.

With the ocean at their doorstep, students come from all over the world to attend summer programs located on the breathtaking campus of The Army and Navy Academy. The five-week Academy by the Sea program for grades 7-11 offers courses that can be taken for remedial credit (grades 9-11) or enrichment (grades 7-9). Remedial credit courses include English, mathematics, science, language and social science. Enrichment course offerings include English, language, mathematics, science, social science, fine arts, and performing arts courses.

In the afternoon, students immerse themselves in outdoor activities that include: surfing, body boarding, snorkeling, swimming, arts/crafts, beach volleyball, tennis, baseball, basketball and much more.

There is also the option to enroll in Camp Pacific which offers intensive one-week Surf Camps and a dynamic fun-filled three-week recreation camp for ages 8-16. The idea is to get kids outdoors so that they challenge themselves physically and mentally. All of this is accomplished with highly qualified instructors who provide students with new skills that build confidence and resiliency.

As Robert Louv points out in his book Last Child in the Woods, “stress reduction, greater physical health, a deeper sense of spirit, more creativity, a sense of play, even a safer life

–these are the rewards that await a family when it invites more nature into their children’s lives”.

With a new Director and Associate Director on-board in the Summer Programs office, there are some new and exciting changes that students will experience this summer. Many faculty and counselors will return from all over the country and the world, but there will also be some new faces and approaches to the academy and camps.

For instance, Robert Norton, Dean of Academics at the Academy by the Sea will employ an innovative approach to the curriculum that will inspire the faculty to intersect disciplines and make learning come alive for students with excursions and experiential opportunities.

Given the fact that more than 75% of students come strictly for enrichment, it is vital that students have the opportunity to both work and play in an environment that bridges nature and learning. It is their chance to silence the world and experience new places, make new friends and become deeper thinkers. This summer, let’s encourage our kids to take a break from phones and other distractions and *take education outdoors*.

For more information on The Academy by the Sea or Camp Pacific, (Located on The Army and Navy Academy Campus, Carlsbad, CA.) call 760-434-7564 or visit their website at [www.abts.com](http://www.abts.com)