

ARMY AND NAVY ACADEMY

Prescription Medications & Supplement Policy

All medications and supplements must be turned into the Health Center for distribution to your Cadet/Camper. Cadets/Campers are **not permitted** to carry, store or self-administer, **ANY** medications/supplements on campus. This includes over the counter medications such as Tylenol, Ibuprofen, Vitamins and/or powders. The only exceptions are in the case of rescue inhalers for asthma, epinephrine pens (epi-pen) for life threatening allergies and "pre-approved" acne creams. The Health Center has a large variety of over the counter symptom relief medications for your Cadet on an "as needed" basis.

All prescription medications must be labeled properly and accompanied by a **matching Medication Authorization form** that is signed by a licensed U.S. physician. This form must be updated any time changes are made to existing regiments, additions and discontinuation of medications; all supplements must be provided to us in sealed/unopened containers.

Due to **FEDERAL LAW**, the following will **NOT** be accepted/permitted:

1. Medications **manufactured** outside of the United States of America (**even if the medications are sold in the U.S, we are not able to distribute the medications per Federal Law**)
2. Expired medications/supplements
3. Medications not labeled properly
4. Medications not in their original container
5. Without the patient's name
6. Without the prescribing physician's information
7. Instructions not matching the Medication Authorization form
8. Distribution count on the bottle.
9. Supplements that are **not** sealed in their original containers.
- 10. ***Medication counts over the max amount labeled on the bottle (ie; #30 pills on label and #31 pills in the container)**

The Health Center does not communicate with doctors office's regarding refills.

Class II Medications (ADHD, anxiety, mood disorders, pain medications)

All controlled medications such as those that require a triplicate prescription must be delivered to the Health Center directly for filling or repackaging. **Out of state controlled substances must be filled in your state of residence and then shipped to the Health Center via overnight delivery.** The Health Center must be notified via e-mail that you are sending the triplicate with your Cadet, or that the medication is being transported by your Cadet. **The e-mail must include the name of the medication and the number of pills the bottle contains.** These specific medications are often prescribed on a month to month

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base only and require a follow up appointment with your Cadet and his prescribing physician. Parents/Guardians are responsible for maintaining their Cadets medication count as to not cause disruption in his medication administration schedule, while attending the Academy. ***It is of utmost importance to keep track of your Cadets/Campers medications as we cannot guarantee e-mail reminders when they are running low.*** We strongly recommend making the follow up appointments before leaving the doctor's office. Use of medications on campus for pain control is discouraged. If pain cannot be managed by over the counter pain reducers, it is highly recommended that your cadet remain at home until pain can be managed without the assistance of any form of pain medication.

Health Center

Army and Navy Academy

c/o Health Center

Cadet Name

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E-mail: health@armyandnavyacademy.org (any nurse on duty will receive the e-mail and be able to assist you).