



ARMY AND NAVY ACADEMY SUMMER PROGRAMS

SAMPLE SCHEDULE

SUMMER 2017

Our goal to give participants an enriching experience at all times of the day. The following sample schedule is for our recreation and academic programs.

<u>Time</u>	<u>Activity</u>
7:00	Wake-up
7:20	Flag rising
7:30-7:45	Breakfast
7:45-8:15	Dorm clean up
8:30-11:30	Instructional classes and activities
11:30-11:45	Prepare for lunch
12:00-12:30	Lunch
12:30-13:20	Siesta, cabin activities
13:30-15:30	Supervised recreational activities
15:30-16:30	Camper's daily choice
16:30-17:15	Free time, open beach and phone calls home
17:15-18:00	Evening Programming
18:00	Flag lowering and evening announcements
18:15-18:45	Dinner
19:00-20:45	Evening camp activity
21:15-22:00	Lights out

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