



# SUMMER PROGRAMS

*Inspiring young men and women to learn, lead, and grow*

# SUMMER CAMP MANUAL

**2605 CARLSBAD BLVD  
CARLSBAD, CA 92008-3000  
[WWW.ARMYANDNAVYACADEMY.ORG](http://WWW.ARMYANDNAVYACADEMY.ORG)  
[SUMMER@ARMYANDNAVYACADEMY.ORG](mailto:SUMMER@ARMYANDNAVYACADEMY.ORG)  
760.434.7564**

# TABLE OF CONTENTS

4.....	Welcome
5.....	ANA Summer Program
7.....	Camp Pacific
8	Camp Pacific Classic
8	Camp Pacific Summer Days
12	English for Speaker of Other Languages
14.....	Camp Challenge
14	Camp Challenge: LET I & II
16	Camp Challenge: Leadership Development Program
18.....	Residential Life
21.....	Transportation
23.....	Camp Staff
24.....	Registration Process
25.....	Cancellations & Refunds
27.....	Screening & Waitlist
28.....	Health & Wellness
30.....	What to Bring to Camp
30	For Camp Pacific
31	For Camp Challenge: LET I & II and Leadership Development Program
34.....	What to Leave at Home
35.....	Dress Code
36.....	Discipline
38.....	Campers with Disabilities
39.....	Child Abuse Prevention

- 40.....Local Accommodations
- 41.....Registration Day
- 42.....FAQs
- 47.....Phone Numbers & Addresses

# WELCOME

Thank you for choosing ANA Summer Programs for your child's summer camp experience! With this decision, you've given your child a wonderful gift; the opportunity to experience the outdoors, learn new skills, make meaningful new friendships and rediscover themselves outside of their normal routine.

Operating under the philosophy of the Army and Navy Academy, we are committed to teaching the importance of honor, integrity, respect, responsibility, and compassion while creating a nurturing community that supports the life skills participants bring with them from home. Safety and supervision are essential components of our program and all staff are thoughtfully selected, carefully screened and thoroughly trained. We believe in building a community where staff, students and campers are encouraged to develop to their fullest potential.

You should rest easy this summer knowing that by making the decision to send your child to the Academy, you are providing them with an opportunity to participate in experiences that will leave positive and lasting impressions. We are proud of our camps at ANA and look forward to providing a safe, and fun summer that instills confidence in your child and creates wonderful memories.

We are so excited to welcome you into our camp family! We know that finding the right summer camp can be a tough decision, but we are confident your child will have an amazing experience this summer. At ANA, we pride ourselves on the relationships we develop with our campers and their families. We know that the more we can do to help our Academy families prepare for the summer, the more we can ensure a successful experience for all campers. Please do not hesitate to call, or email any of our staff throughout the year if you have any questions or concerns.

We look forward to meeting you and your child this summer and hope you will become longtime members of the ANA family.

Sincerely,

Ken Weeks  
Recreation Director  
Army and Navy Academy

# ANA SUMMER PROGRAMS

Located on the oceanfront Army and Navy Academy campus in Southern California, the Summer Programs of ANA offer a wide range of dynamic opportunities for students and campers. During the traditional school year, the Army and Navy Academy operates as a college-preparatory boarding school for boys. Each summer, the campus is transformed into a co-educational environment hosting a unique mix of students, teachers and camp counselors from all over the world.

Since 1943, ANA Summer Programs have provides a pathway for participants to:

- Value the active pursuit of knowledge for their realization of individual potential.
- Develop a sense of self-discipline, leadership and respect for others.
- Acquire personal honor and pride in themselves and in the community.
- Build cultural awareness through diversity.

ANA Summer Programs are designed to enrich each participant's character through academic pursuits, recreational activities, and leadership training. Selections for summer include: Camp Challenge: LET Intro, I & II, Camp Challenge: Leadership Development Program, Camp Pacific Classic, Camp Pacific ESOL, and Camp Pacific Summer Days.

Students and campers receive instruction that is specialized to their areas of interest. While portions of participants' days are dedicated to educational and skill classes, the remainder is devoted to the pursuit of various leisure and social activities. This schedule format allows time for students and campers to take advantage of new recreational opportunities and build unique relationships with their peers.

We offer a highly dedicated staff, a variety of summer camp options, and a focus on character development, which makes the ANA Summer Programs truly unique. ANA Summer Programs for youth instill pride and self-esteem, while developing good character, leadership traits and responsibility.

The Academy's beach-front facilities include: Health Center, resident dormitories, library, computer lab, heated swimming pool, recreation center, weight room, gymnasium, chapel, bookstore, canteen, campus store, athletic fields, dining hall, fully equipped classrooms, and a new state-of-the-art athletic facility. Security and medical personnel are on campus twenty-four hours a day, seven days a week.

Army and Navy Academy's facilities are also available for rent June through mid-August for groups looking for a unique and memorable oceanfront meeting place. Contact us for available dates and rates.

Army and Navy Academy is a university-preparatory military boarding school, for boys grades 7-12, during the academic school year. For more information, visit:

[www.armyandnavyacademy.org](http://www.armyandnavyacademy.org)

# CAMP PACIFIC

Camp Pacific offers recreational and sports-themed camp activities to campers between the ages of eight and sixteen. Participants choose to participate in a wide variety of exciting activities, and skill classes allowing for a dynamic summer experience. Thrilling trips to area theme parks are offered on weekends during both two-week sessions. Admission, meals and transportation for weekend excursions are included in camper tuition fees.

Campers actively participate in weekly scheduled activities that are both challenging and fun. Selecting activities from areas of interest, participants sign-up for weekly instructional clinics, skills classes or activities and follow these up with afternoon recreational options of their choice.

Dynamic daily choice activities vary in their focus and offer fun and exciting options for everyone, such as: beach activities (beach volleyball, sand castle contests, bodyboard, surf), music (guitar), arts and crafts (lanyards, face painting, painting, drawing, photography), recreation hall options (board games, billiards, ping-pong), Sports (Tennis, Soccer, Basketball, Ultimate Frisbee, fitness training) rifle range and much more!

In the evening, the whole camp gathers for fun evening programs, including the following: talent shows, scavenger hunts, campfires, theme nights, parties, community service projects and recreational games.

## **Camp Pacific Classic**

\$2395 per session • Co-ed, Ages 8-16

Session 1: July 1st- July 14th, 2018

Session 2: July 15th - July 27th, 2018

During these two-week recreation sessions, we focus on teamwork, sportsmanship and self-improvement. Campers learn new skills, gain self-confidence, and develop strong friendships with their peers through a wide variety of fun activities.

On a weekly basis, campers take morning instruction in their area of choice that includes: surf or bodyboard instruction, land-sports (basketball, soccer, tennis, swimming, etc.), arts and crafts, and much more. For intermediate level swimmers, an intensive morning surf option is available. With different daily options available, campers participate in free-choice recreational activities and sports. These offer either specific instruction in a particular area of an activity, or offer a camper an opportunity to try some alternate activities they might not have previously signed up for. Daily activities may include the following: air rifle, fitness training, mask-making, tie-dye and t-shirt design, jewelry making, capture the flag, beach volleyball, ultimate Frisbee, photography, world dance, aerobics, badminton, drama, tennis, slip-and-slide, talent shoes, scavenger hunts, camp fire and much more.

Thrilling trips to local attractions, theme parks and educational destinations take place on weekends, in addition to mid-week excursions. All excursions included in the price of Camp Pacific Classic are as follows:

Saturday, July 7 –Camp Pendleton Paintball  
Sunday, July 8 – Knott’s Berry Farm  
Saturday, July 21– Get Air Trampoline Park  
Sunday, July 22– Aquatica  
*\*Dates & locations subject to change*

Weekday trips are also included

Tuesday, July 3 – The Wave Waterpark  
Wednesday, July 11 – Glow Zone  
Thursday, July 29– Boomers  
Wednesday, July 24 – Kayak at Camp Pendleton  
*\*Dates & locations subject to change*

### **Camp Pacific Summer Days**

\$950 per session • Co-ed, Ages 8-16  
Session 1: July 2nd - July 13th, 2018  
Session 2: July 16th - July 27th, 2018

Experiencing fun and adventure while staying close to home, day-campers will enjoy a wide range of entertaining and fun daily activities, instructional classes, and seaside games. With off-site weekend field trips available for a minimal fee, campers have the opportunity to fill their summer schedules with lasting memories. Whether your camper is an experienced veteran or an excited first-timer, these weekly sessions offer something special for everyone.

### **This year Camp Pacific will offer morning classes which will include the following courses, and much more:**

**Robotics:** Can you design a machine to do your homework? Well, maybe not, but in this challenging class you will work in teams using LEGO Mindstorms to construct and program competition-style robots to perform complex tasks. Test your robotics skills with exciting contests throughout the week.

**ANA Lifeguard Certification Program:** Have you ever thought about becoming a lifeguard and getting paid to hang around the pool? This class is for you! This lifeguarding course will offer participants knowledge of the pool and the skills necessary to keep themselves and others safe in the water. This program will encourage leadership, self-discipline, self-motivation, dedication, confidence, mental and physical toughness. Upon completion of this 40 hour course you will have the opportunity to test for your lifeguard certification. Join the aquatic community, Lifeguards for life.

**Video Production:** A course designed for students to learn the elements and techniques to, multi-camera broadcasts, short films, and highlight films. Students will use contemporary vocabulary, protocol and skills. Students will learn, use appropriate sound and lighting, camera techniques and editing.

**CSI Camp:** Become a Crime Scene Investigator in this thrilling class! Search for clues, collect evidence and solve a crime!

**Acting and Movement:** This class will engage children with no previous exposure to the acting world, just wanting to become more articulate and gain more self-confidence and equally challenge for those children that may be part of a local drama school that want to work on their monologues or audition technique. Activities will include but not be limited to; Role on the wall, hot seating, thought tracking, monologues, duologues, sight reading, drama-games, and physical warm-up.

**Photography:** Explore and develop your own photographic style through a series of fun and creative workshops in digital photography! This is a class where we have fun taking photos together and work to inspire each other to try new things. Campers will have the opportunity to explore different photographic styles such as street, landscape and light photography, as well as taking part in a photo walk around Carlsbad. During Camp the photo group will take over the responsibility to update the camp's Instagram account, as well as have the opportunity to exhibit their work on campus.

**ANA Junior Beach Lifeguard:** Have you ever wondered how you can spend time around the beach, get in shape, and get paid? Lifeguarding is the answer! This basic oceanfront junior lifeguarding course will offer participants knowledge of the oceanfront and the skills necessary to keep themselves and others safe in the water. This program will encourage leadership, self-discipline, self-motivation, dedication, confidence, mental and physical toughness. Even if you do not want to become a lifeguard, this enrichment course will help participants develop skills and assets transferable toward anything they do. It's also just downright fun!

**CPR/First Aid; Lifeguard Intro:** Want to get your CPR and First Aid certifications? Join this class and you will learn the American Red Cross First Aid and CPR techniques for lifesaving from a certified instructor. Upon the completion of this course campers will be certified through the American Red Cross for two years. This course will be a prerequisite for all those wanting to enroll in the life guard certification program.



## **Camp Pacific Sample Schedule: Subject to minor changes**

**7:00 am – Wake-up:** Campers are awakened by a bugle sounded out throughout the campus. Counselors round-up their campers and head over to the Gymnasium steps. Daily news is often read, camp notifications are given, and each cabin group heads off to the Mess Hall for breakfast.

**7:30 am – Breakfast:** Every single morning, campers are offered choices of a hot/cold breakfast, cereals, fruits, toast, bagels, fresh juice, and iced drinks. Campers sit in their groups, socialize, discuss the day ahead, and generally finish breakfast feeling replenished and ready for a fun day!

**8:30 am – Morning Activity #1:** Campers meet at their allocated spots and prepare for their chosen activity. As California weather is usually pleasingly consistent, activities can be done outdoors almost all of the time! Activities include surfing, arts and crafts, soccer, basketball, music lessons, performing arts, computing projects, photography, fashion design, movie creation...the list is literally limitless.

**10:00 am – Morning Activity #2:** Campers now head to their second activity, where counselors are already prepped and ready to go. It is common for campers to mix up their activities in the morning; for example, soccer for the first activity, then something 'artsy' for their second activity. This means they get both exercise, followed by something more intricate, and also they get to socialize with other campers a lot more.

**11:30am – Clean-Up:** After activities, campers return to their rooms to clean-up, perhaps get changed, give their room a quick tidy and then prepare for lunch. This is also a very popular time for counselors to get their cabin group together and discuss everybody's morning and generally have some quiet time as a group. If campers still want to play, then sure – play on!

**11:45 am – Announcements:** The gymnasium steps are once again used for announcements and general camp information, although these announcements are usually drowned out by the sound of hungry stomachs! Lunch time!

**12:00 pm – Lunch:** Once again a variety of foods are available. Counselors enforce the 'one soda, one water' rule during all meal periods. We always keep on top of camper hydration, especially as the weather is warm and campers have been running around all morning.

**12:30 pm – Afternoon Activity #1:** Once again, an almost limitless choice of activities are offered to campers of all ages. The beach is a popular choice, so arts and crafts materials are transported down to our beach tables. Sports equipment is available, and of course our surf boards are out and ready to be used!

**1:30 pm – Afternoon Activity #2:** Campers move to their next choice. As mentioned, water intake is always of high importance, so counselors make sure campers make use of the water fountains and the water coolers.

**2:30 pm- Camp Intramurals:** Campers will be organized into small teams and will compete in different events from sports to trivia and talent shows. Points will be awarded for each group in

competition for the “Warrior Cup” which will be presented to the winning group at the end of camp.

**4:00 pm – Free Time:** This is an opportunity for campers to kick back and relax, play sports, listen to music, or generally socialize and have fun with each other. Counselors are situated at specific sports on campus, giving blanket supervision. This is a perfect chance for campers to perhaps speak to others whom they haven’t shared morning activity time with. And it isn’t uncommon to see the older campers playing sports with the youngest of our campers. Free time really is ‘camper’s time’.

**5:30 pm – Dinner:** As with all meal times, both hot and cold options are offered, fruits, vegetables, etc. Yet another chance for campers to discuss their day with others, talk about what they liked, what they are doing tomorrow and so on.

**6:30 pm – Cabin Activity:** This time is for each cabin group to participate in an activity designed to bring the group together. Counselors either let their group chose the activity, or they already have one planned, which is specifically designed and set out to achieve a goal once completed. This time is also used to discuss any group related issues, and a real chance for campers to let their counselors know how they are doing and what they are excited about.

**7:20 pm – Evening Activity:** Whether it is ‘movie night’, capture the flag, soccer, dodge ball or sitting around one of our superb camp fires while playing the guitar, the evening activities are always excellent! Two of our counselors have been playing music together for years, so they are usually the ‘go-to’ guys for specific song requests! Nothing is too bizarre! Having the sunset on view at almost every evening activity is just a bonus to being at Camp Pacific.

**8:45 pm – Cabin Time:** Our cabin time is essential to both staff and campers. This time, just before lights out, is where the cabin gets together and discusses their day, talk about their favorite activity, and generally interacts on a nice chilled, mellow level with each other. This time of reflection is valuable, as it allows campers a chance to be heard, no matter what. Once everyone is on the verge of sleep, counselors supervise their group getting ready for bed, brushing teeth, filling water bottles etc.

**10:00 pm – Lights Out:** The bugle sounds once again, meaning campers must turn off their lights and get some much-needed rest. After a long energetic day, campers are usually asleep before their head hits the pillow! The Operations Staff is on duty 24/7, so they keep an eye on the entire campus throughout the night and into the early hours of the morning. One day at camp complete! Bring on the next one!

Daily access to the campus library and computer lab, with internet access, provides students with additional study time and resources in a structured educational environment.

## **Camp Pacific ESOL (English for Speakers of Other Languages)**

\$2,595 • Co-ed, Ages 8-16

Session 1: July 1st - July 14th, 2018

Session 2: July 15th - July 27th, 2018

Camp Pacific ESOL offers a three-level (beginning, intermediate and advanced), standards-based, integrated skills ESOL course. This course provides engaging content that allows students to learn more about United States culture while developing strong listening, speaking, reading and writing skills. The course provides whole group, small group, paired and individualized instruction, and utilizes a variety of instructional mediums and appropriate technology support.

- Daily classes are three hours in length.
- Some class exercises will involve tours of campus and the local community as well as reviews of off-site excursions.
- Workbooks will be provided that will allow participants to reflect on their accomplishments at the completion of the program.

All participants are pre-tested prior to beginning the program and are placed at the appropriate skill level. Upon completion of the program, students are post-tested in order to measure growth.

Instructional Tools utilized during the ESOL course include:

- **Books** – The program will be based on the Cambridge Publishing “Ventures” series, which provides multi-level instruction and a variety of interactive learning tools. Students will have the opportunity for continued learning outside of the classroom through an interactive Website that supports the learning objectives.
- **Outside Field Trips** – Students will have opportunities to practice their English outside of the classroom. Class field trips around campus and in the surrounding community will provide learners with true immersion experience where they will interact with native English speakers and be exposed to the language in a variety of "real-world" social settings.
- **Immersion Activities** – During class and in the daily recreational activities on campus, ESL participants will interact with staff and campers using English to communicate and enhance their language skills.
- **Ventures Arcade** – Provided along with the workbook is access to an online arcade run by Cambridge Publishing. Full of games and activities that focus on language development, this arcade will provide students with additional activities designed to practice their skills and further develop their abilities.

**On the weekends, students participate in exciting weekend excursions. Locations include:**

Saturday, July 7 –Camp Pendleton Paintball

Sunday, July 8 – Knott’s Berry Farm

Saturday, July 21– Get Air Trampoline Park

Sunday, July 22– Aquatica

\*Subject to change

*Camp Pacific ESOL Sample Schedule (Monday-Friday):*

7:00 am	Wake-up
7:20 am	Morning Meeting
7:30-7:45 am	Breakfast
7:45-8:15 am	Dorm clean up
8:20-11:30 am	ESOL Instruction
11:30-11:45 am	Prepare for lunch
12:00-12:30 pm	Lunch
12:30-3:20 pm	Surf, sports and other planned activities
3:30-4:30 pm	Camp Intramurals
4:30-5:30 pm	Free time, open beach
5:30-6:00 pm	Evening announcements
6:00-6:45 pm	Dinner
7:15-9:00 pm	Evening programming
9:15-10:00 pm	Bed preparation
10:00 pm	Lights out

# CAMP CHALLENGE

Our leadership programs, Camp Challenge: Leadership Education and Training, and Camp Challenge: Leadership Development Program, are designed to help motivate students to reach their full potential as leaders in today's fast-changing climate. A structured daily schedule of supervised activity keeps participants busy from morning to night as they work towards their goals as part of a community based on respect, responsibility, discipline and honor.

## **Camp Challenge: LET I & II**

July 1st – July 28th, 2018 • \$4,995 • Co-ed, Entering Grades 9-12

This camp is the only credit-producing Junior Reserve Officer Training Corps (JROTC) summer leadership course west of the Mississippi. Designed for high school students entering grades 9-12, our Camp Challenge: JROTC course will reward successful participants with 180 hours of Leadership Education and Training (LET). During this four-week course, participants will develop self-confidence as leaders and active team members. Adding JROTC leadership to a high school transcript sets a college applicant apart from fellow high school students.

Community Service hours will be earned. A letter of certificate will be given to the camper upon graduation from the program that states the number of Community Service hours.

A first time participant will start with LET I and then graduate to LET II the following year.

### **Basic Courses**

#### **LET I**

Citizenship in Action (Getting Involved)  
Leadership Theory & Application (Being A Leader)  
Foundations for Success (Knowing your Self)  
Wellness, Fitness, & First Aid (Achieving a healthy lifestyle)  
Environmental Awareness (The Globe)  
Citizenship in American History & Government (Your job as a citizen)

#### **LET II**

Citizenship in Action (Nation Defense Forces)  
Leadership Theory & Application (Knowing How to Lead)  
Foundations for Success (Communication Skills, Conflict Resolution, & Teaching Skills)  
Wellness, Fitness & First Aid (Fitness & First Aid)  
Citizenship in American History & Government (Founding & Growth of a Nation)

#### **LET I & II**

#### **Physical Activity/Leader Assessment**

Leadership Application  
Cadet Challenge

#### **Activities**

Service Learning/Community Service

Administration/Testing/Inspection  
Leadership Hours

**EACH PROGRAM HOURS WILL TOTAL: 180**

During the weekends, Camp Challenge LET participants will go offsite for various weekend activities. These include:

Sunday, July 8	Knott's Berry Farm Amusement Park
Saturday, July 15	Movie Run
Saturday, July 21	ANA Carnival
Sunday, July 22	Aquatica Water Park

*\*Dates & locations subject to change*

Additionally, Camp Challenge LET participants will be traveling during the week offsite for various activities. These include:

Monday, July 2	SDSU Ropes Course
Thursday, July 5	Rock Climbing
Friday July 6	U.S.S. Midway Museum
Tuesday, July 10	Elfin Forsest Hike
Thursday-Friday, July 12-13	Leadership Reaction Course & Obstacle Course
Friday, July 20	Kayak
Monday, July 23	Palm Springs Hike
Thursday-Friday, July 26-27	Simulated Marksmanship Trainer & Rappel Tower

*\*Dates & locations subject to change*

**Camp Challenge LET Sample Schedule (Monday-Friday):**

6:00 – 6:15	PT Formation PT (Physical Training)
6:15 – 7:15	PT (if a PT day)
7:15 – 7:45	Personal Hygiene
7:45 – 8:15	Breakfast
8:15 – 8:30	Formation, PA Inspection, Raise the Colors
8:30 – 10:00	Class #1
10:00 – 10:30	Break
10:30 – 12:00	Class #2
12:00 – 12:45	Lunch
12:45 – 13:00	Formation
13:00 – 15:00	Drills & Ceremonies
15:00 – 17:00	Beach/Recreation
17:00 – 17:30	Prepare for Dinner
17:30 – 18:15	Dinner
18:15 – 18:45	TAC Time
18:45 – 19:00	Retreat
19:00 – 21:00	Study Hall
21:00 – 22:00	Personal Hygiene
22:00	Lights Out

## **Camp Challenge: LET Introduction**

\$2,995 • Co-ed, Entering Grades 9-12

Session 1: July 1st - July 14th, 2018

Session 2: July 15th - July 28th, 2018

This High School Leadership Camp provides participants in grades 9-12 an opportunity to develop their self-discipline, leadership, multi-tasking and relationship building skills. We provide a supportive environment that focuses on each child's strengths to build strong character, self-discipline and self-esteem.

Each participant will complete a total of 120 hours of training. Below is a general outline of what you can expect from our Camp Challenge program.

Being a Leader	
Basic Citizenship	
Community Service	
Know Yourself	
Planning Skills and Study Skills	
Preparing for College	
Conflict Resolution	
Physical Fitness and Team Building	
Recreation Activities	
<u>Administration, Testing and Study Hall</u>	
<b>TOTAL PROGRAM HOURS</b>	<b>120</b>

## **Camp Challenge: Middle School Leadership Development Program**

\$2,995• Co-ed, Entering Grades 6-8

Session 1: July 1st - July 14th, 2018

Session 2: July 15th - July 28th, 2018

This Middle School Leadership Camp provides participants in grades 6-8 an opportunity to develop their self-discipline, leadership, multi-tasking and relationship building skills. We provide a supportive environment that focuses on each child's strengths to build strong character, self-discipline and self-esteem.

Each participant will complete a total of 120 hours of training. Below is a general outline of what you can expect from our Camp Challenge Jr. program.

Being a Leader	
Basic Citizenship	
Community Service	
Know Yourself	
Planning Skills and Study Skills	
Conflict Resolution	
Physical Fitness and Team Building	
Recreation Activities	
<u>Administration, Testing and Study Hall</u>	
<b>TOTAL PROGRAM HOURS</b>	<b>120</b>

During their time at camp, participants will go offsite for various weekend activities. These include:

Sunday, July 8	Knott's Berry Farm Amusement Park
Saturday, July 15	Movie Run
Saturday, July 21	ANA Carnival
Sunday, July 22	Aquatica Water Park

*\*Dates & locations subject to change*

Additionally, Camp Challenge participants will be traveling during the week offsite for various activities. These include:

Monday, July 2	SDSU Ropes Course
Thursday, July 5	Rock Climbing
Friday July 6	U.S.S. Midway Museum
Tuesday, July 10	Elfin Forest Hike
Thursday-Friday, July 12-13	Leadership Reaction Course & Obstacle Course
Monday July 16	SDSU Ropes
Wednesday July 18	U.S.S. Midway Museum
Friday, July 20	Kayak
Thursday-Friday, July 26-27	Simulated Marksmanship Trainer & Rappel Tower

*\*Dates & locations subject to change*

### **Camp Challenge LDP Sample Schedule (Monday-Friday):**

6:00 – 6:15	PT Formation PT (Physical Training)
6:15 – 7:15	PT (if a PT day)
7:15 – 7:45	Personal Hygiene
7:45 – 8:15	Breakfast
8:15 – 8:30	Formation, PA Inspection, Raise the Colors
8:30 – 9:20	Class #1
9:20 – 9:30	Break
9:30 – 10:20	Class #2
10:20 – 10:30	Break
10:30 – 11:20	Class #3
11:30 – 12:15	Lunch
12:45 – 13:00	Formation
13:00 – 15:00	Drills & Ceremonies
15:00 – 17:00	Beach/Recreation
17:00 – 17:30	Prepare for Dinner
17:30 – 18:15	Dinner
18:15 – 18:45	TAC Time
18:45 – 19:00	Retreat
19:00 – 21:00	Study Hall
21:00 – 22:00	Personal Hygiene
22:00	Lights Out

### **For Camp Challenge: LET I & II**

**Graduation will be on Saturday, July 28<sup>th</sup> at 10:00 am. Parents are invited to attend.**

### **For Camp Challenge: LDP and LET Intro**

**For session 1, graduation will be on Saturday, July 14<sup>th</sup> at 10:00 am, with a luncheon to follow. For session 2, graduation will be on Saturday, July 28<sup>th</sup> at 10:00 am, with a luncheon to follow. Parents are invited to attend.**



# RESIDENTIAL LIFE

## **Accommodations:**

Boarding students and campers live in our dormitories and cottages. Dormitory living allows students and campers to experience life away from home while building friendships with peers, counselors and teachers. During the summer, campers and students are assigned accommodations in separate, gender specific areas, housed separately by age group.

Participants share fully furnished, double and triple dormitories during their stay with us. Each room is furnished with beds, desks and clothing selves. All dormitories offer communal bathrooms that include showers, toilets and basins. Each student is responsible for the condition of his or her dormitory room, and some time is set aside during the daily schedule for clean-up. Each dormitory is supervised by resident faculty and counselors. These staff members serve as advisors to students and campers, which ensures that an adult is always available for assistance and guidance in matters related to campus life. Constant staff presence is essential to developing an atmosphere of learning and safety.

Special room requests must be made prior to the start of the session. These requests must be mutual and age group must be similar. Not all roommate requests are satisfied. We do our best to review each file and place students with individuals of the same age and interests. A roommate is a valuable part of the boarding school experience. Room changes after the session have begun are difficult since campus fills up over the summer. Shifts are discouraged and can only be authorized after careful review by Program Directors. Campers will be assessed a charge for replacement keys. Additionally, any camper found to have damaged dorm rooms or other camp property will be billed for the cost of repair and may be dismissed.

## **Food & Dining Hall:**

Students and campers receive three well-balanced meals each day in our dining hall, when not on an off-site trip. Options include: a salad bar, a sandwich bar, one hot entrée option, fruits and vegetables, deserts and assorted drink options. Food or beverages are not to be brought into or out of the dining hall. Beachfront barbeques are also held once a week. All off campus meals during the weekend, and weekday, excursions are provided. Any provision for special diets, i.e. food allergies, vegetarian, etc., must be made **in writing at least two weeks in advance** through the Academy office. We will do our best to accommodate certain dietary limitations.

## **Linens and Laundry:**

Students and campers are provided with bed linens, at no additional cost. Attendees will be provided with a twin sheet set, pillowcase, pillow and one blanket. These will be laundered mid-session. Participants may bring their own bedding from home, if they desire. Please note that beach and bath towels are **NOT** provided and must be brought from home. The Academy also provides an on-campus laundry service at no additional charge an average of once per week. Laundry service is mandatory for all participants.

### **Health Center:**

Medical personnel are on campus 24/7, and urgent care and two hospitals are located nearby. All students and campers are required to have their own medical insurance program prior to arriving at the Academy. A temporary medical insurance program is available and required for all international students at a nominal fee.

### **Recreation Hall, Canteen and Campus Store:**

Our oceanfront recreation hall is furnished with big screen televisions, pool tables, foosball, and ping-pong tables. Also in the Recreation Hall is the Camp Canteen, where campers can purchase a variety of snack items (nachos, ice cream, etc). Connected to the Recreation Hall is a school/camp store where students and campers can purchase personal items, additional food, snacks, candy, and more!

### **Security:**

To ensure safety and supervision, the campus is monitored by supervisory residential staff, residential counselors, and nighttime security personnel 24/7. This supervision is essential to provide an atmosphere of learning and safety.

### **Dress Code:**

Camper Dress Code for Camp Pacific programs is informal, generally shorts and tee-shirts. Dress for Camp Challenge will be polo shirts, Army Combat Uniforms (ACU), or physical training attire. While most of the Camp Challenge uniform will be provided, there will be items that will need to be brought. Please refer to the specific packing list.

Participants are expected to be well groomed and to shower regularly and practice good hygiene while at camp. Parents/guardians should ensure that all clothing is appropriate and in good taste. The Academy reserves the right to approve clothing. Some formal clothing such as collared shirts and slacks or dresses and skirts may be brought for special occasions. With the exception of the beach and dorm rooms, shoes or sandals are required at all times.

Typical summer weather in Carlsbad includes sunny days and cool nights. Students should dress accordingly and bring several changes of clothing. String bikinis, low-cut tank tops, excessively baggy jeans/pants, exposed underwear should not be brought to camp, nor should clothes that are ripped, torn or have offensive advertisements such as alcohol or drug related printing.

For our full Dress Code Policy, please see page 35 of the Summer Camp Manual.

### **Phones:**

**Cell phones have become a way of life; however when the campers arrive they are asked to secure their cell phones with our security team. Phones will be signed out to the campers over the weekend. You will be able to get in contact with your child if necessary through either the camp office or the ANA Operations Office.**

### **Additional Spending Money:**

Most of the cost of the summer experience is included in the tuition. The Academy recommends that parents/guardians give their children spending money for such expenses as personal needs in the school store, items from the canteen, weekend excursions for food and souvenirs, and money for any shopping that they would like to do. Spending money can be kept in a personal envelope in the Operations Office safe, and checked out at the attendee's discretion.

# TRANSPORTATION

The Army and Navy Academy Transportation Department is the primary source of all Summer Programs transportation needs. Transportation will be made available for campers needing to make a doctor's or emergency room visit, and for off-site activities. The Transportation Department is also available to transport campers to and from airports and train stations for the opening and closing day of sessions **ONLY**, for an additional fee.

## **Emergency Room Transportation:**

A camp staff member must remain with the camper at all times.

## **Doctor's Office Visits:**

The Health Center will notify the Transportation Department of an appointment. The doctor's office must be within a 15 miles radius of the Academy. A camp staff member must remain with the camper at all times.

## **Airport & Train Station Pick-up and Drop-off**

Transportation to and from the airport is made available to campers on the opening and closing day of camps **ONLY**. ***Please send a photo ID with your child. Camp staff will be dressed in official camp staff shirts and have on nametags identifying them as well. We do ask that campers carry cell phones, and that the Summer Programs Office has the cell phone number of the camper so that it can be passed onto the camp staff that will be meeting them at the airport.***

Also, make sure to call the airline on which they are flying for their unaccompanied minor regulations and fees. Please be aware that your airline may charge extra fees for unaccompanied minors and heavy bags exceeding their weight limitations. To insure your child and baggage meet their outbound and return destinations, it is important for parents/guardians to pay for such fees in advance. Please read the "Airport Policies" information carefully for the airline the camper will be flying with.

**Parents: Please make sure to pay luggage fees in advance or allocate a certain amount of money to be included for your child's return luggage. Should an emergency arise the ANA staff will be able to pay for luggage; however the credit card on file will be charged once the ANA staff member returns from the airport.**

Our Transportation Department will provide "Escorted" services if so desired. This means that ANA Counselors will be waiting for your child at their gate when they arrive, and can walk them to their gate for their departure. For a child to be transported without an escort, they **MUST** be 13 years of age or older. If they are 12 years of age and below, they must have an escort during transportation as they are considered an "unaccompanied minor" by the airline. Additionally the "unaccompanied minor" airline fee is not covered under the Escorted service provided by ANA. A "Non-Escorted" service means that Academy Counselors will be waiting in baggage claim for their arrival, and will drop them off at the check-in area for their departure.

Our Transportation Department will make the following runs for the mentioned fees:

***San Diego Airport (SAN)***

One-Way Without Escort	\$85.00
One-Way With Escort	\$180.00
Roundtrip Without Escort	\$170.00
Roundtrip With Escort	\$360.00

***Oceanside Amtrak Station***

One-Way Without Escort	\$30.00
One-Way With Escort	\$30.00
Roundtrip Without Escort	\$60.00
Roundtrip With Escort	\$60.00

***Campers are asked to make arrangements for flights that will have them arriving at the airport on the first day of camp. Our camp shuttles will depart San Diego Airport (SAN) at 10:00 am, 1:00 pm, 4 pm, and 8pm. Pick up for Oceanside Amtrak Station will be coordinated directly with Summer Program's Office 760-547-5207.***

***Campers are asked to make arrangements for flights that will have them depart at the airport on the last day of camp. Our camp shuttles will depart for the San Diego Airport (SAN) at 8:00 am, 11:00 am, and 2:00pm; Oceanside Amtrak Station shuttle will depart as needed.***

Travel itineraries must be submitted to the Summer Programs Office through the online registration portal. When a user signs-on, they will see the option to complete the **2018 Transportation Information** document. The information in that document will be automatically sent to the Summer Programs Office.

Please note that the Army and Navy Academy Transportation Department **CANNOT** cater to individuals outside of the set shuttle schedule.

# CAMP STAFF

Our staff is the most crucial part of a positive and successful summer for our students and campers. Our teachers, camp counselors and program directors are carefully selected young men and women who are dedicated to working with children, and have the ability to serve as outstanding role models.

- Experienced teachers and camp counselors provide classroom and recreational activity, instruction, overall supervision of dormitories, and an interactive campus life environment.
- We hire energetic teachers from local school districts, recent college graduates, and teachers from Army and Navy Military Academy for our Camp Pacific ESOL Program, as well as for Camp Challenge LET and Leadership Development Programs.
- Camp counselors are hired through US universities and colleges, online camp placement websites, and international camp counselor agencies for our Recreation Camps.
- All faculty and staff undergo a comprehensive interview process, including a background check, reference checks and drug screening.
- Our staff enjoys solid support and invaluable training to enable them to be their best for our students and campers.
- Teachers and counselors attend an intense orientation which emphasizes counseling/teaching skills, group dynamics, safety procedures, and activity/classroom management skills.
- Camp and Residential Staff are required to attend a two week training and orientation before the start of camps.

# APPLICATION PROCESS

## **Step One: Apply and Submit Deposit**

Register online at <https://anasummer.campbrainregistration.com/>

Click on the APPLY button to access our convenient, user-friendly online system. It will guide you through the application process step-by-step as you enter necessary family and camper information.

All applications require a \$500.00 deposit. Half of remaining tuition is due May 1<sup>st</sup> and full payment must be received no later than June 1<sup>st</sup>. At checkout, you will be asked to select your desired payment method. Regardless of the option you select, all accounts must include valid credit card information through the **CREDIT CARD AUTHORIZATION-RULES AND REGULATION FORM** for incidentals.

## **Step Two: Submit Forms/Documents**

Deadline: June 15, 2018

Once your online application is submitted, you will be required to complete supplemental forms for your camper's record. These forms will be available on the registration confirmation page, as well as in the confirmation email you will receive from the Summer Programs Office. These forms include:

- Credit Card Authorization Form – Required for ALL camps
- Rules and Regulations Form – Required for ALL camps
- Transcript Request Form – Required for Camp Challenge: JROTC program
- Character Reference Form – Required for Camp Challenge: LET and Camp Challenge: Leadership Development Program

Please note that for those arranging Academy transportation services, you will be required to complete the "Transportation Information Form" that is linked to the registration homepage. You will find that most of the required information will be automatically entered after you complete your registration.

## **Step Three: Full Balance Payment**

Deadline: June 1, 2018

Tuition and program fees are due no later than June 1, 2018. Payments can be made from your online account. Unless arranged otherwise, payments are expected to be made on the following schedule:

\$500.00 deposit upon registration  
½ remaining balance on May 1, 2018  
Remaining balance on June 1, 2018

# CANCELLATIONS & REFUNDS

In order to prepare ANA Summer Programs, resources are secured in advance. When individuals submit registrations, funds are allocated and spent in anticipation of their attendance; therefore strict adherence to the Academy refund policy is necessary.

Refund requests must be submitted to ANA Summer Programs via email [summer@armyandnavyacademy.org](mailto:summer@armyandnavyacademy.org). Please refer to the following policy for details:

1. Summer camp registrations may be transferred to an alternate session, if timing and space permit, without penalty. Any refund request must be received prior to June 1<sup>st</sup>.
2. For all programs, there is a **non-refundable** deposit of \$500 required upon registration. No refunds of this \$500 deposit will be issued unless;
  - a. participant is denied acceptance into camp at the Academy's discretion or international applicant is denied visa for entry into United States.
  - b. official documentation is provided, in the form of a physician's letter citing medical reasons, confirming withdrawal from camp is in child's best interest.\*

\*If the child is unable to attend due to medical situations involving parents, guardians, siblings, or grandparents, official documentation (as described in section 2b) supporting request is required.

3. Following June 1<sup>st</sup>, all tuition and fee payments are **non-refundable** unless participant is;
  - a. Denied acceptance into camp at the Academy's discretion.
  - b. Unable to attend due to documented medical reasons (see Section 2b).
4. Following camp commencement, any refund issued will be pro-rated and granted only for medical reasons. In any case where campers cannot attend, or are sent home early due to illness or injury, official documentation confirming the child's inability to continue participation must accompany refund request. (see Section 2b).
5. No refunds will be issued for non-medical reasons including homesickness, scheduling conflicts, disciplinary dismissal or voluntary withdrawal. There are no refunds for campers expelled for inappropriate behavior including possession of any weapon on campus, fighting, use of illegal drugs or alcohol, smoking, use of fire, vandalism, stealing, repeatedly displaying an uncooperative attitude or disrespect for others, and any other action that, in the Directors' opinion, threatens the health, safety, or well-being of any person or the smooth operation of the Camp.
6. Approved refunds will be paid via check payable to the individual who submitted original payment.

# SCREENING & WAITLIST

An application packet for a camper is only considered complete when the following has been done:

1. Completed online application has been submitted.
2. \$500.00 deposit has been paid.
3. Required documents for that particular camp have been submitted to the Summer Programs Office. These include:
  - a. Credit Card Authorization Form (All Camps)
  - b. Rules & Regulations Form (All Camps)
  - c. Transcript Request Form (Camp Challenge: LET - optional if seeking credit for this course)
  - d. Camp Challenge Character Reference (Camp Challenge: LET, Camp Challenge: Leadership Development Program)

Once an application packet is complete, it will then be reviewed and screened by Army & Navy Academy academic staff. Within 72 hours, ANA Summer Programs staff will be notified of the camper's acceptance or rejection. If the camper is rejected, the Director of chosen camp will personally make contact with the family and make them aware of the decision. If the applicant is accepted, then an acceptance letter will be sent to the participant from ANA Summer Programs.

The Waitlist officially goes into effect when space for a particular camp has been filled to capacity. Applicants placed on a camp waitlist will be treated on a first-come, first-serve basis, as room is made available.

Once a space has opened in the desired camp, the first person on the waitlist, which will be arranged by date the application was submitted, will be notified of the vacancy via a phone call or email. The camper has 12 hours to respond to confirm their interest in filling the vacancy. If they are interested in filling the vacancy, their application packet will be sent to the Director of the chosen camp for screening. Screening will be completed within 72 hours of receipt. ANA Summer programs office will then be notified if the applicant is accepted or denied.

If the applicant is screened and denied acceptance, the Director of the chosen camp will personally contact the family.

If the applicant declines the vacancy, then the offer will be made to the next applicant on the waitlist.



# HEALTH & WELLNESS

We have Registered Nurses and medical personnel on duty seven days a week. Minor illnesses or injuries are cared for on campus. In the case of an emergency or care that needs an assessment by a physician, a physician clinic and hospital are within minutes of the Academy. Each student/camper is required to submit current medical information and forms, along with valid insurance, before the program begins. The Academy requires that all participants have medical insurance from an American provider. Parents/guardians are responsible for the cost of any off-campus medical services or pharmaceuticals needed by the student/camper. Parents will be contacted immediately if their child requires outside medical treatment, or is involved in an emergency situation.

## **Medications**

All medications are administered by the Camp Health Center Staff. All medication needs to be submitted to the Health Center upon arrival at registration. No medications, including over the counter, supplements or vitamins, are to be kept in camper's rooms. Prescription medication must be in a pharmacy labeled container with the camper's name, medication name, dosage and directions that reflect written physicians order on the camper's health history form. Please pack the amount needed for your child's camp session. Unused medication will be returned at the end of the session. Any controlled medications will only be returned to the parent/guardian. **Please note that all medications and directions must be in English.** Nurses can only give prescribed medications with an order from the prescribing doctor. The form to use is the Medication Authorization Form. Without this, the nurses are unable to administer medications.

## **Health Insurance**

All camp attendees are required to have valid health insurance. International Campers must purchase health insurance through the Academy. The cost is \$170.00 per camper and provides coverage for one month. ANA insurance does have up-front costs that must be covered by the parents/guardians. For example, if prescriptions are needed for the camper, payment from the camper must be submitted. The family can then submit a receipt to the insurance company and they will then receive a full refund.

## **Sick Camper Policy**

Occasionally campers are sick while they are on their vacation. We have a supply of Over-the-Counter Medications that we can give for common ailments like coughs and colds, etc. The Health Center acts as a First Aid Station, and if your child is determined to need further treatment and assessment by a doctor, we will send them to the local Urgent Care or Emergency Room. After sending them for treatment, we will contact you to let you know what facility they were referred to. It is imperative to have healthcare insurance or travel insurance as in the event your child needs medical care, as healthcare costs are very high in the United States. Please ensure your child has cash or a credit card to be able to pay for any medications that may be prescribed by a doctor.

## **Allergies**

If your child has an allergy, please document what type of allergy they have in the medical record. This includes allergies to medications, foods supplements, herbs or any other types of allergies. Should a severe allergy occur and we would immediately call 911.

**Sunscreen**

Please provide ample sunscreen with high SPF factor (30 or above) that your child can use while at camp. The California sunshine is very strong and we recommend frequent application of sunscreen. NOTE: Aerosol cans of any kind are **NOT** allowed on campus. In addition, please ensure your child has a hat and sunglasses as needed.

# WHAT TO BRING TO CAMP

## For Camp Pacific Camps:

- Clothing List:
  - Night Attire Qty. 2
  - Socks Qty. 7
  - Underwear Qty. 7
  - Swimsuits Qty. 2
  - Shorts Qty. 4
  - Jeans Qty. 1
  - T-shirts/Tank Tops Qty. 7
  - Sweaters/Sweatshirts Qty. 2
  - Windbreaker Qty. 1
  - Sandals Qty. 1
  - Sneaker/Gym Shoes Qty. 2
  - Aqua Socks/Booties Qty. 1
  - Shower Shoes Qty. 1
  
- Linen List: *Bedding linens are available to all participants at no cost. Students will be provided with a twin sheet set, pillowcase, pillow and one blanket. Students may bring their own bedding from home if they so desire. Beach and bath towels are **NOT** provided and must be brought from home.*
  - Fitted Twin Sheet Qty. 1 *\*Optional*
  - Flat Twin Sheet Qty. 1 *\*Optional*
  - Blanket or Sleeping Bag Qty. 1 *\*Optional*
  - Pillow Qty. 1 *\*Optional*
  - Bath Towels Qty. 2
  - Beach Towels Qty. 2
  
- Hygiene Items: *Please pack in a "kit" or similar type container for easy carrying and storage. You may bring other items, as needed, i.e. hair dryer, etc.*
  - Razor Qty. 1
  - Shaving Cream Qty. 1
  - Toothbrush Qty. 1
  - Toothpaste Qty. 1
  - Soap Qty. 2
  - Soap Dish Qty. 1
  - Deodorant Qty. 2 *\*Non-Aerosol. Aerosol products are not allowed, as they may set off fire alarms.*
  
  - Comb/Brush Qty. 1
  - Towel Qty. 2
  - Washcloth Qty. 2 *\*Optional*
  
- Miscellaneous: *Optional, but recommended items*

- Swimmer's Ear Drops Qty. 1
- Sunscreen Qty. 2 *\*Non-Aerosol. Aerosol products are not allowed, as they may set off fire alarms.*
- Bug Repellent Qty. 1 *\*Non-Aerosol. Aerosol products are not allowed, as they may set off fire alarms.*
- Sunglasses Qty. 1
- Combination Lock Qty. 1 *\*Please make sure it is a combination lock. Keys are easily lost.*
- Clothing Hangers Qty. 10
- Watch Qty. 1 *\*Waterproof and with alarm function.*
- Water Bottle Qty. 1 *\*Large, Refillable*
- Pen Qty. 2
- Notebook/Paper Qty. 2
- White T-Shirt Qty. 2 *\*For tie-dye activity*
- Wallet Qty. 1 *\*To carry money on trips*
- Paint Ball Clothing Qty. 1 *\*For those going to participate in Paint Ball.*
- Surf/Bodyboarding Equipment (*Optional*)
  - Spring Wetsuit Qty. 1 *\*Highly recommended for those wanting to surf, as the Pacific waters are quite chilly.*
  - Bodyboard Qty. 1 *\*Campers will have access to these at camp, but can bring their own if they prefer.*
  - Surfboard Qty. 1 *\*Campers only have access to softboards here at camp.*
  - Pair of Fins Qty. 1
  - Rash Guard Qty. 1

### **For Camp Challenge: LET and LDP Programs:**

Campers will be issued Polo Shirts and some military gear upon check in.

#### **Regular Clothing Items:** You must bring the following with you

- Khaki Trousers (tan) Qty. 2 *\*Long, plain front, no side pockets, pleats or cuffs, as they will be laundered and not dry cleaned. "Permanent press" type would be better, if they can be found. (usually at Walmart)*
- Khaki Shorts (tan) Qty. 2 *\*Plain, no shorter than 2" above knee.*
- Shorts, Black Qty. 2 *\*Plain, no shorter than 2" above knee.*
- Belt, Black Qty. 1 *\*Plain, Conservative Buckle*
- T-shirts, White Qty. 10 *\*Plain, crew neck, basic type t-shirt. No logos or writing. No tank tops.*
- T-shirts, Black Qty. 4 *\*Plain, crew neck, basic type t-shirt. No logos or writing. No tank tops.*
- Underwear Qty. 10 *\*Boxers or Briefs. Briefs are recommended, as they work best for physical training.*
- Socks, Cotton, White Qty. 10 *\*Regular athletic crew socks. No ankle socks.*

- Swimming Attire Qty. 2 \*Trunks or Bathing Suit
- Shower Shoes Qty. 1 \*Good brand so they don't fall apart.
- Sweatpants Qty. 1 \*For Physical Training (PT). Black, plain, no logos or writing.
- Shorts Qty. 2 \*For Physical Training (PT). Black, plain, no logos or writing.
- Hiking Boots Qty. 1 \*Lightweight
- Athletic Shoes Qty. 1 \*Cross Trainer or Running. Fashion shoes (i.e., Vans are not authorized for physical training).

**Hygiene Items:** Please pack in a "kit" or similar type container for easy carrying and storage. You may bring other items, as needed, i.e. hair dryer, etc.

- Razor Qty. 1
- Shaving Cream Qty. 1
- Toothbrush Qty. 1
- Toothpaste Qty. 1
- Soap Qty. 2
- Soap Dish Qty. 1
- Deodorant Qty. 2 \*Non-Aerosol. Aerosol products are not allowed, as they may set off fire alarms.
- Comb/Brush Qty. 1
- Towel Qty. 2
- Washcloth Qty. 2 \*Optional
- Beach Towel Qty. 2

**Class Supplies:**

- Notebook Qty. 2 \*Large, spiral type for classroom notes.
- Notebook Qty. 1 \*Pocket size for taking notes on the move.
- Pencil Qty. 2 \*Number 2
- Ballpoint Pen, Black Ink Qty. 3 \*BIC or similar inexpensive brand.

**Miscellaneous Items:**

- Sleeping Bag Qty. 1 \*Lightweight sleeping bag
- 2-man tent Qty. 1 \*Inexpensive small tent
- Back Pack Qty. 1 \*Dark colored that can carry at least 40 Lbs.
- Combination Lock Qty. 1 \*Please make sure it is a combination lock. Keys are easily lost.
- Sunscreen Qty. 2 \*Minimum 30 SPF; Non-Aerosol. Aerosol products are not allowed, as they may set off fire alarms.
- Chap stick Qty. 2
- Laundry Detergent None \*Laundry services will be provided.
- Mosquito Repellent Qty. 2 Non-Aerosol. Aerosol products are not allowed, as they may set off fire alarms.
- Clothes Hangers Qty. 10 \*Plastic, White
- Sunglasses Qty. 1 \*Inexpensive; Black or Brown Frame
- Watch, Waterproof Qty. 1 \*Waterproof, Inexpensive
- Alarm Clock Qty. 1 \*Inexpensive
- Refillable Water Bottle Qty. 1
- Rash Guard Qty. 1

## Optional:

- Shoes Qty. 1 \*"Fashion-Type." You may bring an extra pair of fashion-type shoes for outings.
- Blue Jeans Qty. 1 \*For Sunday Field Trips
- Personal Pillow Qty. 1 \*One will be issued here, if needed.
- Twin, Fitted Sheet Qty. 2 \*Issued sheets are "flat" sheets. Fitted sheets are much easier to deal with. Bedding linens are available to all participants at no cost. Students will be provided with a twin sheet set, pillowcase, pillow and one blanket. Students may bring their own bedding from home if they so desire. Beach and bath towels are not provided and must be brought from home.
- Camera Qty. 1 \*For taking pictures on outings only.
- Music Device Qty. 1 \*With Earphones. Small, inexpensive, that can be locked up in your locker.
- Cell Phone Qty. 1 \*Cell phones will only be authorized for use during weekends (Friday night through Sunday night). They will be secured during all other times. If you need to get a message to your cadet, you can call the Operations Office.
- Laptop or similar device (NONE) \*Laptops, IPADS, and/or other type tablets are not needed for this course and are therefore not authorized. Video games are also not authorized. Please leave them home. If you arrive with these devices, they will be taken and secured in our locked storage room. They will be returned to you upon completion of camp.

## SPECIAL NOTES:

1. Taking pictures in dormitory areas with a camera, camera phone, or like device, is a violation of personal privacy and is, therefore, not authorized. Violators of this policy will be immediately dismissed from camp.

If you need to get a message to your child, you can call or email one of the following individuals:

Major Guillermo: (760)547-5189 ([equillermo@armyandnavyacademy.org](mailto:equillermo@armyandnavyacademy.org))

SFC Parker: (760)547-5187 ([vparker@armyandnavyacademy.org](mailto:vparker@armyandnavyacademy.org))

Operations Office: (760)547-5228

4. Please DO NOT bring anything expensive to camp. Although we try and maintain a secure environment, we cannot guarantee that the items will be safe; and, Army and Navy Academy does not assume responsibility for lost or stolen items.

5. Aerosol Cans of any type are not permitted.

# WHAT TO LEAVE AT HOME

The Army and Navy Military Academy cannot assume responsibility for lost stolen, missing or damaged personal items. During the camp session, all items misplaced around camp will be brought to the lost and found in the Operations office. On pick-up day, lost and found will be made available for you to search for your camper's lost items. There is a much better chance of finding misplaced items if they are labeled with the camper's name. All items not claimed within 30 days at the end of the camp session will be laundered and sent to a charitable organization.

Campers may wish to bring certain items to camp that are unnecessary, inappropriate, unsafe and illegal. Please do not bring the following to camp:

- Cigarettes / E-cigarettes
- Alcoholic Beverages
- Non-Prescription Drugs
- Knives
- Matches
- Cigarette Lighters
- Fireworks of any kind
- Electrical Appliances (irons, refrigerators, TVs, etc.)

**We ask that you do not bring the following items to campus:** skateboards, roller blades, televisions, DVD players, valuable belongings including clothing, watches, jewelry, large amounts of cash, etc. If you choose to bring a laptop or tablet computers (not allowed for Camp Challenge programs), cameras, compact disc players, iPods, video games, or other valuable electronics, their care and security will be your responsibility. Please label all such belongings with your name and phone number.

Cellular phones are permitted to be brought to camp. For campers in Camp Pacific, cell phones will be secured in the Camp Office and issued at certain times of the day and on the weekends. For campers in Camp Challenge (JROTC or LDP), cell phones are locked-up in the Camp Challenge Office, and can only be accessed by the campers at the discretion of the Director of Camp Challenge. If a cell phone is used at any other time, or if it becomes a hindrance to our operation's goals (Director's determination), the Director has the authority to confiscate it until the completion of the program, or upon parental request.

We highly recommend that expensive personal articles be left at home. Many of our dorm rooms have drawers that can be secured with a lock. The camper will need to bring their own combination lock with them. Large amounts of money and small valuables (including airline tickets and passports) should be stored in the camp safe in the Operations Office. Campers should always lock their room doors. It is important that clothing and all other items of significance are marked with the camper's name.

# DRESS CODE

During your stay at the Academy, we want you to have the best experience possible. The following dress codes have been established to assure that no one will feel offended or uncomfortable during his or her stay, and to ensure that all staff project a positive image of the Academy at all times.

If you choose to dress inappropriately, you will be asked to change. By planning ahead and packing appropriately, you will save yourself the inconvenience of having to change, and you will be contributing to a pleasant camp atmosphere.

Please be advised that the following dress code will be enforced for all individuals on campus, including summer faculty and staff.

1. All clothing shall be neat, clean, and acceptable in repair and appearance and shall be worn within the bounds of decency and good taste as appropriate for the Army and Navy Academy.
2. Articles of clothing which display profanity, gang symbols or affiliation, products, or slogans which promote tobacco, alcohol, drugs, sex or are in any other way distracting, are prohibited.
3. Excessive accessories such as hanging chains and hanging suspenders are not allowed. This is for safety reasons.
4. Excessively baggy, tight or revealing clothing is unacceptable. Items of clothing which expose bare midriffs, bare chests, undergarments, or that are transparent (see-through) are prohibited. Tank tops with straps wider than one inch are permitted. Please be advised that spaghetti straps, shirts which expose a bare back, halter tops, and tube tops are prohibited.
5. Swimming (For all water recreation activities):
  - a. Swim suits for men: swim trunks only (No shorts, cut-off pants, or Speedos).
  - b. Swimsuits for women: One-piece suits recommended, however, two-piece suits are allowed as long as they are modestly cut. No string, thong or crochet suits will be allowed. Swimsuits may only be worn while in the swimming pool area/beach.
6. Footwear worn on campus must have heel and toe straps. Flip flops are acceptable for use on beachfront area and off-site activities only.
7. Uniforms for Camp Challenge programs are not to be modified in any way.



# DISCIPLINE

It shall be the responsibility of the Director to administer disciplinary procedures during the course of the summer session. The following infractions may result in dismissal. Final decision is that of the Program Director.

1. Any act which flagrantly disregards common decency or propriety, such as hazing, harassment, stealing, shoplifting, verbal intimidation or vandalism.
2. The possession, use or transfer of alcoholic beverages, inhalants, illegal or controlled substances, or paraphernalia. The Academy enforces a zero tolerance policy regarding drug use and reserves the right to test students/campers suspected of using controlled substances. Testing positive or refusing to take a test will result in immediate dismissal.
3. Leaving the Academy grounds or the confines of an organized school excursion without permission.
4. Absence from the dorm without permission (Before 7:00 a.m. or after lights out).
5. Unauthorized visiting of boys to girls' rooms or of girls to boys' rooms.
6. Tampering with the fire alarm, computer systems, or any other electronic/mechanical equipment.
7. Possession of a firearm, explosive, or weapon.
8. Stealing or destruction of property.

**THE DIRECTOR MAY AT ANY TIME DISMISS A STUDENT/CAMPER FROM ANY PROGRAM FOR COMMITTING OR ATTEMPTING TO COMMIT ANY OF THE ABOVE OFFENSES. THE ACADEMY RESERVES THE RIGHT TO INSPECT A STUDENT/CAMPER'S ROOM, THEIR PERSON AND PERSONAL EFFECTS TO ENSURE THE SAFETY, HEALTH, AND WELFARE OF STUDENTS/CAMPERS AND EMPLOYEES AND TO ENSURE COMPLIANCE WITH ACADEMY RULES AND REGULATIONS.**

A participant may also be dismissed for unsatisfactory conduct, for a generally unsatisfactory record or for conduct injurious or dangerous to themselves, employees, the Academy, or others. Any participant who is dismissed will not receive a tuition refund as stated in section three of the registration terms and conditions. The parent/guardian is financially responsible for any transportation needs resulting from the participant's dismissal from the Academy.

The Academy believes that the harmful effects of smoking and tobacco have been convincingly demonstrated, and consequently, does not allow the use of tobacco in any form during the session. Disciplinary action will result if a student/camper fails to observe this rule. We vigorously enforce our drug & alcohol free policy. Violation of this rule will result in automatic dismissal and loss of tuition.

## **Skateboards/Rollerblades**

The City of Carlsbad has passed an ordinance prohibiting skateboarding within city limits. We ask that students not bring skateboards and roller blades to the summer session due to liability concerns.

**Care of Academy Property**

Participants are expected to maintain their rooms in good repair and to follow staff instructions for upkeep. Attendees and their parents/guardians are financially responsible for damage or abuse of campus facilities. Food and soda are not allowed in any academic, athletic building, dorm room or the chapel.

**Automobiles**

Boarding attendees are not allowed to have or operate motorized vehicles during the summer. They are also not allowed to accept rides from day participants, friends or relatives without documented consent of their parents/guardians and the Academy.

It should be emphasized that students/campers who enter the Academy with clear expectations will find little difficulty in subscribing to these requirements. The regulations are centered upon common sense, courtesy and mutual trust. While the regulations are subject to constant scrutiny, the fundamental principles necessary for the successful operation of a co-educational, residential program remain the same.

# CAMPERS WITH DISABILITIES

It is the policy of ANA Summer Programs to provide equal opportunities to all campers without discrimination because of race, color, religious creed, national origin, ancestry, age, sex, sexual orientation, medical condition, or disability. The Academy complies with the Americans with Disabilities Act regarding reasonable accommodation for the physically challenged.

# CHILD ABUSE

Child abuse is legally wrong and we are required to report an alleged physical or sexual abuse that takes place at camp to the State Child Protective Services within 24 hours after the allegation is made known. Any allegation of abuse prior to a camper's arrival at camp is to be reported within eight hours, with a written report within 72 hours.

Child abuse includes, but is not limited to, any contact or interaction between a child and an adult when the child is being used for the sexual stimulation of the adult or of a third person. The behavior may or may not involve touching. Sexual behavior between a child and an adult is always considered forced, whether or not the child has consented.

## Procedures for Child Abuse Complaints

- Any actions observed or that may be disclosed, that are not acceptable behavior according to the set staff guidelines, should be reported as soon as possible to the Camp Director.
- The Camp Director will notify the appropriate authorities and parents.
- The Camp Director will take appropriate internal action.

In the event that there is an accusation of child abuse, the camp will take prompt and immediate action as follows:

- At the first report of probable cause to believe that a child-abuse incident has occurred, the employed staff person receiving the report will notify the Camp Director, who will then review the incident with the Camp Director or a designate. However, if the Summer Camp Director is not immediately available, this review by the Supervisor cannot in any way deter the reporting of child abuse by the mandated reporters. Most states mandate each child-care provider to report information they have learned in their professional role regarding suspected child abuse. In most states, mandated reporters are granted immunity from prosecution.
- The camp will make a report in accordance with relevant state or local child abuse reporting requirements and will cooperate to the extent of the law with any legal authority involved.
- In the event the reported incident(s) involve a program volunteer or employed staff, the Camp Director will, without exception, suspend the volunteer or staff person from the camp. The parents or legal guardian of the child(ren) involved in the alleged incident will be promptly notified in accordance with the directions of the relevant state or local agency.
- Whether the incident or alleged offense takes place on or off camp property, it will be considered job-related (because of the youth-involved nature of the camp).
- Reinstatement of the employed staff person will occur only after all allegations have been cleared to the satisfaction of the Director.

# LOCAL ACCOMMODATIONS

The following are local hotels/motels that may offer special rates for our patrons. Just mention that you are attending an Army and Navy Academy special event when you call for reservations.

## **Carlsbad Village Area (within 1 mile):**

Best Western Beach View Lodge

[www.beachviewlodge.com](http://www.beachviewlodge.com)

760-729-1151

Carlsbad Inn

[www.carlsbadinn.com](http://www.carlsbadinn.com)

760-434-7020

Motel 6

[www.motel6.com](http://www.motel6.com)

760-729-3500

Tamarack Beach Resort

[www.tamarackresort.com](http://www.tamarackresort.com)

760-729-3500

Surf Motel

[www.surfmotelcarlsbad.com](http://www.surfmotelcarlsbad.com)

760-729-7961

## **Greater Carlsbad Area:**

Courtyard Marriott Carlsbad

[www.marriott.com](http://www.marriott.com)

800-321-2211

Extended Stay America

[www.extendedstayamerica.com](http://www.extendedstayamerica.com)

760-439-1499

Holiday Inn

[www.holidayinn.com](http://www.holidayinn.com)

760-438-7800

Inns of America Suites

[www.innsofamericasuites.com](http://www.innsofamericasuites.com)

760-929-8200/800-826-0778

La Quinta Inn

[www.lq.com](http://www.lq.com)

760-438-2828

Ramada Inn

[www.ramadacarlsbad.com](http://www.ramadacarlsbad.com)

760-438-2285

Residence Inn, Marriott

[www.marriott.com](http://www.marriott.com)

760-431-9999

West Inn & Suites

[www.westinnandsuites.com](http://www.westinnandsuites.com)

760-488-4500

# REGISTRATION DAY

Upon arrival on check-in day, signs on campus will lead you to the on-site registration. Please note the below registration times **DO NOT** include arrivals of those using our transportation service. They will be registered as they arrive. The below times reflect those arriving by personal vehicle.

<u>Camp</u>	<u>Registration Day</u>	<u>Registration Times</u>
<u>Camp Challenge</u>		
CC: LET 1 & 2	Sunday, July 1 <sup>st</sup>	9:00 am – 1:00 pm
CC: Leadership Development, CC: LET Intro		
Session #1	Sunday, July 1 <sup>st</sup>	9:00 am – 1:00 pm
Session #2	Sunday, July 15 <sup>th</sup>	9:00 am – 1:00 pm
<u>Camp Pacific</u>		
Camp Pacific Classic		
Session #1	Sunday, July 1 <sup>st</sup>	9:00 am – 1:00 pm
Session #2	Sunday, July 15 <sup>th</sup>	9:00 am – 1:00 pm
Camp Pacific ESOL		
Session #1	Sunday, July 1 <sup>st</sup>	9:00 am – 1:00 pm
Session #2	Sunday, July 15 <sup>th</sup>	9:00 am – 1:00 pm
Camp Pacific Summer Days		
Session #1	Monday, July 2 <sup>nd</sup>	8:00 am – 9:00am
Session #2	Monday, July 16 <sup>th</sup>	8:00 am – 9:00 pm

\*\* Camp Pacific Summer Days- Please go to the Operations office for check-in followed by the Health Center.

# FAQS

## GENERAL QUESTIONS

### **If I decide to attend Army and Navy Military Academy (ANA) in the fall, is this a good transition?**

Yes, we have many students that decide to attend ANA in the fall. If you are interested in applying to the winter academic program, you may arrange a consult with the Army and Navy Academy Admissions Department at 888-762-2338, or by going to their website at [www.armyandnavyacademy.org](http://www.armyandnavyacademy.org). The values and skill sets taught in our Camp Challenge programs are very much in-line with the Army and Navy Academy and is a great introduction.

### **Does ANA follow the same rules?**

There are many shared rules of general conduct that ANA Summer Programs shares with ANA. We both believe in providing youth with a supportive, mentally stimulating environment to maximize children's potentials. We are focused on responsibility, self-discipline, and ethical behavior to build good character in young people.

### **Can we combine sessions to provide a longer summer experience?**

One of our goals at ANA Summer Programs is to provide each family with personalized attention in order to plan the best possible summer experience. All of our programs offer something uniquely exciting. Camp Challenge LDP Camps, Camp Challenge LET Intro, Camp Pacific Classic, Camp Pacific ESOL are offered in two 2-week sessions, so those can be combined. Unfortunately, due to the durations of the program Camp Challenge LET I & II cannot be combined.

### **How many campers and students attend each of your sessions?**

During all the camps, there are approximately 300 campers that will stay on campus. Camp Pacific Academic Camps enrolls approximately 80 boarding students. Camp Pacific Recreation Camps sees about 120 boarding campers, and Camp Challenge Leadership Camps will have about 100 participants.

### **How are roommates paired together? Can I request a specific roommate?**

Students and campers can request to room with a friend. We will try to honor most requests, but we cannot make any guarantees. Please note that the request must be mutual and the ages of the participants must be within one year of age. We use the Camper/Student Profile form for room placement. Campers and students are then paired with roommates of similar hobbies, interests, and age. Generally, dorm placements work out very well and the roommates become fast friends.

### **Do we have to wear uniforms?**

Dress for our academic and recreation camps are informal, generally shorts and tee-shirts – no formal dress code is required for Camp Pacific. Dress for Camp Challenge will be polo shirts, Army Combat Uniforms (ACU), or physical training attire. While most of the uniform will be provided, there will be items that will need to be brought. Please refer to the "Recommended Packing List" for the programs to decide what should be brought. Participants are expected to be well groomed. Parents/guardians should ensure that all clothing is appropriate and in good

taste. The Academy reserves the right to approve clothing. Some formal clothing such as collared shirts and slacks or dresses and skirts may be brought for special occasions. With the exception of the beach and dorm rooms, shoes or sandals are required at all times.

**What expenses do your rates include?**

Our rates include room and board, three weekday meals, linens, athletic and social activities, and weekend excursions.

**What is the weather like in Carlsbad?**

Carlsbad has a typical mild and fair-weathered coastal climate. The average summer temperature is 73 degrees with hot afternoons and cooler evenings.

**What is the surf like in Carlsbad?**

We are specifically designed for beginner to intermediate surfers and body-boarders. Our beach is a perfect beach to learn to surf or body-board because it is consistently mild. Our program is not designed for advanced surfers and body-boarders as the surf is usually not challenging enough for that level. The average wave height is 1-4 feet, and the average water temperature is 66-70 degrees in Carlsbad. Wetsuits are recommended for those planning on taking part in the surf program.

**Are there any additional costs?**

Additional fees may include optional shuttle service and temporary medical insurance for international students and campers.

The \$500.00 deposit is part of the fees, included in the total amount. If registrations are cancelled, the deposit is non-refundable.

**Extra Fees:**

- Temporary Health Insurance \$170 for one month
- Transportation Fees Please see pages 24

**Do we need to provide our child with extra spending money?**

All meals and necessities are provided in the tuition amount. It is recommended that you give your child some extra spending money for snacks and souvenirs when they go on their excursions. On check-in day, valuables and pocket money may be given to our Operations staff to secure in the Academy safe. Children will have to sign these items out to gain access to them, and these records are available for parental review. The suggested amount of extra spending money is \$30-\$50 per week.

**Is there somewhere that I can see pictures from camp?**

Upon your child's arrival at camp, you will receive an email inviting you to a private photo share site. We will upload pictures regularly throughout the duration of the program, so that you will get a look inside camp while it's happening!



# Program Information

## How many weeks are the programs?

Camp Challenge LET I & II is 4 weeks

Camp Challenge LET Intro offers two 2-week sessions

Camp Challenge LDP Basic and Advance offers two 2-week sessions

Camp Pacific Classic, ESOL, and Summer Days offers two 2-week sessions

## What ages/grades are allowed to attend?

Camp Pacific ESOL: Ages 8-16

\*Max age is 16 years-old

Camp Pacific Classic: Ages 8-16

Camp Pacific Summer Days: Ages 8-16

\*Max age is 16 years-old

Camp Challenge LDP: Entering grades 6-8

Camp Challenge LET: Entering grades 9-12

## Can my child receive academic credit for his or her courses this summer?

Camp Challenge LET I & II participants may earn credit for taking this course. This will be determined by the participant's academic-year school. Most schools have applied the credit towards health, physical education, or an elective credit.

## Do you accept day students into your academic program?

Camp Pacific ESOL does have a day option. Camp Pacific ESOL day students will participate in 3 hours of English for Speakers of Other Languages class in the morning followed by organized recreation in the afternoon, which may include games, water sports, team sports, arts and crafts, and more! Day students are on campus Monday through Friday.

## What are the hours I would be in school?

Camp Pacific ESOL students will be in class for 3 hours in the morning, 8:20-11:30am, followed by recreation activities in the afternoon.

# CORRESPONDENCE/VISITORS

## How can I contact my child?

### Phone

All campers and students may bring their own phones and access them during designated times. Except in emergency situations, campers may not make phone calls during activity periods such as classes, activities, or study hall. Incoming calls are received by our camp office 24 hours a day, 7 days a week. All incoming calls are given to campers and students once a day in the form of written messages. You can contact the Summer Programs office during office hours, Monday through Friday 9:00 am – 4:00pm at 760-547-5207, or the Operations Office 24/7 for urgent matters at 760-547-5228. Cell phone use is for designated free time only.

## Email

All campers and students are given the opportunity to use the Internet for email purposes during designated free time. You can also send an email to your child through [summer@armyandnavyacademy.org](mailto:summer@armyandnavyacademy.org). Upon receipt, it will be printed and delivered to the camper.

## **We'd like to visit your campus. How do we arrange a campus tour?**

The two options we offer are a weekly individual tour, or our monthly open house. Individual tours are given Monday through Friday, 10 AM through 4 PM. Friends and family are also welcome to attend our monthly Open House, which is held on Saturday mornings from March through May of each year.

## **As a parent, can I come and visit my child?**

You may visit your child during their stay at ANA. We do, however, feel that these visits may disrupt the camp experience. We try to keep them very busy with exciting activities, so taking them away from some of these experiences may take away opportunities for them to make new friends or try something new.

## **Can my child have visitors?**

Yes. If we receive the request from the legal parent or guardian, in writing, no less than 48 hours prior to the visit, your child may see another person that is 18 years or older. You must let us know in advance how long the visitor will be with your child. The visitor must present a valid ID upon their arrival, and must sign the camper out at Operations.

If you are planning to take your child off campus, you must notify the Operations Office, in writing, and no-less than 48 hours, what your plan is on picking them up and returning them. Should it fall during a weekend trip, the child is the responsibility of the parent or visitor until the group arrives back on campus.

## **What if my child gets homesick?**

Missing home and family is natural for children who go off to summer camp/school. Our staff is trained in working with children and helping them to deal with homesickness. It is common that the first letters or phone calls you receive may indicate some uneasiness. Many students/campers experience a short adjustment period during their first day or two of being away from home. As soon as students/campers get caught up in the excitement of new friends and activities, their anxieties soon fade. Your support of our normal schedule is critical to your student's/camper's success. Please try to encourage and be proud of your child's independence before they leave for camp. It's also helpful to send upbeat, cheerful letters from home that focus on camp and the fun times they are having.

## **When is the cutoff date for applying?**

We require that the online application, health documents and all other forms are complete no later than June 15, 2018. Please note that applications cannot be screened until complete and that submission does not guarantee admission into camp. Once complete applications are screened, applicants will be notified of their status.

## **Can you tell me more about the academic program?**

### **Is some of your staff part of the regular faculty of ANA?**

Yes, some of our summer teachers are part of the regular ANA faculty.

**Do we need to get health insurance?**

Insurance is required for all campers. Proof of insurance will need to be shown before acceptance to any summer program. International students must purchase insurance through the Academy for \$170.00 which provides one month's coverage.

**Do international/foreign students need an I-20 (Visa)?**

Our camps are from three to four weeks in length. Because of this short time period, students do not need an I-20 in order for students to attend our camps. Please contact the local American Consulate for information and forms.

**Can you arrange for an I-20 for the summer program?**

If a student is going to attend the summer programs, then we would be able to assist by providing an invitation letter to provide for arrangement of an I-20. The American consulate can assist you and provide information on what is required based on your specific needs.

**Could you please confirm if the international students will be exposed to both international and American students? Will the dorms be mixed?**

Students are exposed to many different cultures, ethnicities, and nationalities. ESL classes are very mixed, and have students from all over the globe. We mix students in dorms, classrooms and during recreation activities.

# PHONE NUMBERS & ADDRESSES

Summer Programs Office	760.434.7564	Monday - Friday (9:00 am – 4:00 pm)
Camp Challenge Office	760-547-5189	Monday – Friday (8:00 am – 5:00 pm)
Operations Office	760.547.5229	Weekends & After Hours
Information Center	760.547.5228	Monday-Friday (7:30 am – 4:30 pm)
Campus Health Center	760.547.5213	Monday-Sunday (6:30am -10:30pm)

*To communicate with your camper:*

Mail and Packages:

Student's Name  
Army and Navy Academy  
2605 Carlsbad Blvd.  
Carlsbad, CA 92008

Email:

[Summer@armyandnavyacademy.org](mailto:Summer@armyandnavyacademy.org)

\*Please provide campers name in subject line