



DAILY BULLETIN

MONDAY

FEBRUARY 11, 2019

Daily Morning Prep

0630	Reveille
0645-0745	I Mess
0715	Formation
0730	Day Cadets Report
0800	Classes Begin

Class Schedule

0650-0730	Period 0
0800-0855	Period 1
0900-0950	Period 2
0950-1005	Break
1005-1055	Period 3
1100-1150	Period 4
1155-1240	Formation/II Mess
1245-1335	Period 5
1340-1430	Period 6 (Grades 9-12)
1340-1405	Tutorial (Grades 7-8)
1415-1515	PT (Grades 7-8)
1435-1505	Tutorial (Grades 9-12)
1515-1730	PT/Athletics (Grades 9-12)

Evening Schedule

1430-2045	Library Open (closed 1730-1830)
1430-1700	Beach Open
1430-1700	Rec. Hall Open
1700-2000	Counseling Evening Office Hours
1730-1830	III Mess
1830	Formation/Retreat/Evening Colors
1845-2045	Mandatory Evening Study Hall
1845-2045	Faculty Office Hours
2100-2200	TAC Time
2200	Taps
2230	Lights Out

Today's Athletic Events:

(Please visit the Full Sports Calendar on the Academy's website for a complete schedule.)

Uniform of the Day: Class B

Meal Menu:

II Mess:	Greek Gyro
III Mess:	Chicken Pot Pie
I Mess (Wed):	Pancakes

NOTICES:

Segovia Says:

First think of the person who lives in disguise,
 Who deals in secrets and tells naught but lies.
 Next, tell me what's always the last thing to mend,
 The middle of middle and end of the end?
 And finally give me the sound often heard
 During the search for a hard-to-find word.
 Now string them together, and answer me this,
 Which creature would you be unwilling to kiss?

"It's not our job to play judge and jury, to determine who is worthy of our kindness and who is not. We just need to be kind, unconditionally and without ulterior motive, even - or rather, especially - when we'd prefer not to be." -Josh Radnor

Today is the first day of Kindness Week! We will be promoting kindness with a different activity each day. Follow the Counseling Department on Instagram for more information!

@ANAcounselingsquad

Please Watch Video: <https://youtu.be/zYSc-WGenAw>

PS: Look out for the Kindness Kart and a special treat at break...

Celebrating Black History Month

Today, we are taking a moment to acknowledge the life and legacy of:

Frank Robinson – barrier-breaking Hall of Fame Baseball Player (Born: August 31, 1935 – Died: February 7, 2019)

Known for his elite talent and intense demeanor, Robinson became a central figure in advancing Major League Baseball's integration of black players after Jackie Robinson broke the color barrier in 1947. Robinson exploded on the scene in 1956 and for the next six decades established a legacy that's second to none. That includes becoming MLB's first black manager in 1974. On the field, Robinson was a history maker as well. After signing with the Cincinnati Reds in 1953, he faced a tough road filled with racist taunts and death threats. It's a road Robinson not only overcame but conquered en route to producing one of the greatest careers in MLB history.

In 1974, the Cleveland Indians made Robinson MLB's first black manager while he was still an active player. Robinson would go on to have managerial stints with the San Francisco Giants, which made him the NL's first black manager, as well as the Baltimore Orioles and Montreal Expos during their transition into the Washington Nationals. Because he helped pave the way for future generations of black players and managers, Robinson will always be one among the most important figures in MLB's history.

Get Ready! Get Ready! Get Ready!

JROTC will be kicking off their service learning project soon! It's a food drive! We want to surpass the pounds of food we donated to the San Diego Food Bank last year, and we can't do it without you. We need your help. Get your canned goods ready to donate.

JLAB – Academic Members

Your Level I Challenge is on Monday, February 11th, Miller Hall, Room 604, during the tutorial. We cannot start until ALL SIX members are present.

JLAB – Leadership Members

Your Level I Challenge is on Tuesday, February 12th, Miller Hall, Room 604, during the tutorial. We cannot start until ALL SIX members are present.